

| OverallPos | GenderPos | CategPos | Name | RaceNo | Category | Gender | Club | Time | Net Time |
|------------|-----------|----------|----------------------------|--------|----------|--------|--------------------------------------|----------|----------|
| 1 | 1 | 1 | 1 RYAN WORLAND | 252 | MSEN | Male | SALFORD HARRIERS & AC | 00:27:02 | 00:27:02 |
| 2 | 2 | 2 | 2 LOUIS SZYMANSKI | 159 | MSEN | Male | | 00:27:09 | 00:27:09 |
| 3 | 3 | 3 | 3 HARRY HIND | 8 | MSEN | Male | STOCKPORT HARRIERS & AC | 00:27:45 | 00:27:44 |
| 4 | 4 | 4 | 4 MARK SULLIVAN | 83 | MSEN | Male | HALLAMSHIRE HARRIERS SHEFFIELD | 00:28:01 | 00:27:59 |
| 5 | 5 | 5 | 1 MARK SHATWELL | 278 | MV40 | Male | STOCKPORT HARRIERS & AC | 00:28:23 | 00:28:22 |
| 6 | 6 | 6 | 2 ROBERT DUNN | 1 | MV40 | Male | SALE HARRIERS MANCHESTER | 00:28:27 | 00:28:26 |
| 7 | 7 | 7 | 3 PHIL CARPENTER | 37 | MV40 | Male | STOCKPORT HARRIERS & AC | 00:28:33 | 00:28:31 |
| 8 | 8 | 8 | 1 STEVE MCCARRON | 99 | MV50 | Male | SALE HARRIERS MANCHESTER | 00:28:53 | 00:28:53 |
| 9 | 9 | 9 | 5 LUKE BIDWELL | 261 | MSEN | Male | GLOSSOPDALE HARRIERS | 00:29:02 | 00:29:00 |
| 10 | 10 | 10 | 6 ALEX BRADFORD | 20 | MSEN | Male | SALE HARRIERS MANCHESTER | 00:29:23 | 00:29:23 |
| 11 | 11 | 11 | 7 TOM LAMBERT | 214 | MSEN | Male | | 00:29:35 | 00:29:30 |
| 12 | 12 | 12 | 1 RICHARD EDWARDS | 184 | MV45 | Male | SALE HARRIERS MANCHESTER | 00:29:39 | 00:29:38 |
| 13 | 13 | 13 | 1 OLIVER WALKER | 82 | MU20 | Male | EAST CHESHIRE HARRIERS & TAMESIDE AC | 00:30:13 | 00:30:12 |
| 14 | 14 | 14 | 2 MARK COLLIER | 38 | MV50 | Male | SALFORD HARRIERS & AC | 00:30:36 | 00:30:35 |
| 15 | 15 | 15 | 2 PHIL BURNS | 47 | MV45 | Male | STOCKPORT HARRIERS & AC | 00:30:45 | 00:30:42 |
| 16 | 16 | 16 | 3 FRANK HAMILTON | 87 | MV45 | Male | GLOSSOPDALE HARRIERS | 00:30:50 | 00:30:48 |
| 17 | 17 | 17 | 4 VIC WALSH | 253 | MV45 | Male | BELLE VUE RACERS | 00:30:56 | 00:30:54 |
| 18 | 18 | 18 | 5 DARREN SMITH | 178 | MV45 | Male | HYDE VILLAGE STRIDERS | 00:31:05 | 00:31:01 |
| 19 | 1 | 1 | 1 RACHAEL ROZHDESTVENSKAYA | 76 | FV35 | Female | SALE HARRIERS MANCHESTER | 00:31:19 | 00:31:14 |
| 20 | 19 | 3 | 3 PAUL NOBLE | 198 | MV50 | Male | SALE HARRIERS MANCHESTER | 00:31:37 | 00:31:34 |
| 21 | 20 | 8 | 8 NATHANIEL HICKS | 169 | MSEN | Male | GLOSSOPDALE HARRIERS | 00:31:45 | 00:31:41 |
| 22 | 21 | 9 | 9 TORRIN BLAZEYBY | 11 | MSEN | Male | SALE HARRIERS MANCHESTER | 00:31:47 | 00:31:45 |
| 23 | 22 | 4 | 4 JON TERRY | 26 | MV50 | Male | SALE HARRIERS MANCHESTER | 00:31:49 | 00:31:47 |
| 24 | 23 | 6 | 6 TOM MCMAHON | 21 | MV45 | Male | EAST CHESHIRE HARRIERS & TAMESIDE AC | 00:32:09 | 00:32:06 |
| 25 | 24 | 5 | 5 JONATHAN AUST | 182 | MV50 | Male | EAST CHESHIRE HARRIERS & TAMESIDE AC | 00:32:32 | 00:32:26 |
| 26 | 25 | 1 | 1 PAUL OAKLEY | 294 | MV60 | Male | GOYT VALLEY STRIDERS | 00:32:32 | 00:32:26 |
| 27 | 26 | 1 | 1 ANDY ARMSTRONG | 80 | MV55 | Male | BELLE VUE RACERS | 00:32:35 | 00:32:31 |
| 28 | 27 | 6 | 6 OLIVIER GAILLEMIN | 288 | MV50 | Male | SALE HARRIERS MANCHESTER | 00:32:38 | 00:32:33 |
| 29 | 28 | 7 | 7 STEVEN WALKER | 81 | MV50 | Male | HYDE VILLAGE STRIDERS | 00:32:52 | 00:32:46 |
| 30 | 29 | 4 | 4 JAMES HARTSHORNE | 5 | MV40 | Male | EAST CHESHIRE HARRIERS & TAMESIDE AC | 00:33:01 | 00:32:57 |
| 31 | 30 | 7 | 7 LEO LOUGHRAN | 160 | MV45 | Male | BELLE VUE RACERS | 00:33:01 | 00:32:58 |
| 32 | 2 | 1 | 1 ERIN TERRY | 27 | FU20 | Female | SALE HARRIERS MANCHESTER | 00:33:23 | 00:33:20 |
| 33 | 31 | 5 | 5 LUKE KIERNAN | 218 | MV40 | Male | MANCHESTER TRIATHLON CLUB | 00:33:28 | 00:33:18 |
| 34 | 32 | 6 | 6 PAUL ROGERS | 67 | MV40 | Male | HYDE VILLAGE STRIDERS | 00:33:30 | 00:33:26 |
| 35 | 33 | 7 | 7 STEVE JONES | 172 | MV40 | Male | EAST CHESHIRE HARRIERS & TAMESIDE AC | 00:33:34 | 00:33:29 |
| 36 | 34 | 10 | 10 ANDY BROWN | 183 | MSEN | Male | | 00:33:41 | 00:33:26 |
| 37 | 35 | 8 | 8 COLIN TAYLOR | 18 | MV40 | Male | GLOSSOPDALE HARRIERS | 00:33:48 | 00:33:42 |
| 38 | 36 | 8 | 8 PAUL MOGRIDGE | 7 | MV50 | Male | | 00:33:54 | 00:33:44 |
| 39 | 37 | 9 | 9 ANDREW GIVEN | 259 | MV40 | Male | | 00:34:02 | 00:33:55 |
| 40 | 38 | 11 | 11 ARCHIE MCCARRON | 157 | MSEN | Male | SALE HARRIERS MANCHESTER | 00:34:04 | 00:34:02 |
| 41 | 39 | 9 | 9 JOHN STOCKDALE | 232 | MV50 | Male | MARPLE RUNNERS | 00:34:20 | 00:34:15 |
| 42 | 40 | 10 | 10 STEVEN KIRKHAM | 199 | MV40 | Male | GLOSSOPDALE HARRIERS | 00:34:29 | 00:34:23 |
| 43 | 41 | 10 | 10 STEVE GRACE | 45 | MV50 | Male | MARPLE RUNNERS | 00:34:32 | 00:34:24 |
| 44 | 3 | 1 | 1 KATIE LOUISE KAY | 6 | FV40 | Female | EAST CHESHIRE HARRIERS & TAMESIDE AC | 00:34:36 | 00:34:31 |
| 45 | 42 | 12 | 12 JORDAN SHEPLEY | 193 | MSEN | Male | | 00:34:45 | 00:34:38 |
| 46 | 43 | 2 | 2 KAIRAN MALLETT | 194 | MU20 | Male | HYDE VILLAGE STRIDERS | 00:34:46 | 00:34:41 |
| 47 | 44 | 13 | 13 JOHN WAITING | 175 | MSEN | Male | MARPLE RUNNERS | 00:34:53 | 00:34:45 |
| 48 | 45 | 2 | 2 DAVID LAW | 73 | MV55 | Male | | 00:34:54 | 00:34:48 |
| 49 | 46 | 8 | 8 DARREN DONALD | 255 | MV45 | Male | STOCKPORT HARRIERS & AC | 00:34:57 | 00:34:53 |
| 50 | 47 | 9 | 9 BARNABY GORDON | 72 | MV45 | Male | SALE HARRIERS MANCHESTER | 00:35:00 | 00:34:54 |
| 51 | 48 | 14 | 14 MICHAEL TAYLOR | 48 | MSEN | Male | MARPLE RUNNERS | 00:35:02 | 00:34:55 |
| 52 | 4 | 1 | 1 ANNE CHINOY | 14 | FV50 | Female | SALE HARRIERS MANCHESTER | 00:35:04 | 00:34:58 |
| 53 | 49 | 15 | 15 JAMES BARNARD | 200 | MSEN | Male | GLOSSOPDALE HARRIERS | 00:35:30 | 00:35:26 |
| 54 | 50 | 3 | 3 MARK SHAW | 9 | MV55 | Male | EAST CHESHIRE HARRIERS & TAMESIDE AC | 00:35:45 | 00:35:41 |
| 55 | 51 | 16 | 16 ALEXANDER RATCLIFFE | 66 | MSEN | Male | MARPLE RUNNERS | 00:36:02 | 00:35:56 |
| 56 | 52 | 11 | 11 LIAM DAVIES | 96 | MV40 | Male | | 00:36:20 | 00:36:14 |
| 57 | 53 | 12 | 12 NICHOLAS HEMMING | 220 | MV40 | Male | DRAGONS RUNNING CLUB (SALE) | 00:36:23 | 00:36:09 |
| 58 | 54 | 13 | 13 DMITRY ROZHDESTVENSKIY | 77 | MV40 | Male | SALE HARRIERS MANCHESTER | 00:36:25 | 00:36:16 |
| 59 | 55 | 10 | 10 IAN EMERTON | 267 | MV45 | Male | DRAGONS RUNNING CLUB (SALE) | 00:36:25 | 00:36:11 |
| 60 | 56 | 2 | 2 DUNCAN DELANEY | 298 | MV60 | Male | EAST CHESHIRE HARRIERS & TAMESIDE AC | 00:36:30 | 00:36:21 |
| 61 | 57 | 11 | 11 NICK COCHRANE | 43 | MV45 | Male | MARPLE RUNNERS | 00:36:31 | 00:36:22 |
| 62 | 58 | 17 | 17 HARRY O'BRIEN | 262 | MSEN | Male | | 00:36:33 | 00:36:22 |
| 63 | 59 | 14 | 14 PAUL MINTON | 63 | MV40 | Male | EAST CHESHIRE HARRIERS & TAMESIDE AC | 00:36:40 | 00:36:36 |
| 64 | 60 | 4 | 4 GUY RIDDELL | 163 | MV55 | Male | GLOSSOPDALE HARRIERS | 00:36:46 | 00:36:39 |
| 65 | 61 | 3 | 3 MARTIN LUNDY | 12 | MV60 | Male | MARPLE RUNNERS | 00:36:50 | 00:36:42 |

| OverallPos | GenderPos | CategPos | Name | RaceNo | Category | Gender | Club | Time | Net Time |
|------------|-----------|----------|-------------------------|--------|----------|--------|---|----------|----------|
| 66 | 62 | 11 | KEVIN DARLING | 70 | MV50 | Male | STOCKPORT HARRIERS & AC | 00:36:50 | 00:36:47 |
| 67 | 63 | 18 | KEVIN RYAN | 69 | MSEN | Male | GLOSSOPDALE HARRIERS | 00:36:51 | 00:36:47 |
| 68 | 64 | 12 | MATT CROMPTON | 98 | MV45 | Male | HOLMFIRTH HARRIERS AC | 00:36:56 | 00:36:50 |
| 69 | 65 | 5 | IAN BOWKER | 60 | MV55 | Male | MARPLE RUNNERS | 00:37:00 | 00:36:50 |
| 70 | 66 | 19 | AL DE SOUSA COSTAIN | 10 | MSEN | Male | ALTRINCHAM & DISTRICT ATHLETIC CLUB LIMITED | 00:37:04 | 00:36:49 |
| 71 | 67 | 12 | DAN BRITTON | 46 | MV50 | Male | MARPLE RUNNERS | 00:37:09 | 00:37:00 |
| 72 | 68 | 13 | NATHAN CORNISH | 292 | MV50 | Male | DRAGONS RUNNING CLUB (SALE) | 00:37:18 | 00:37:04 |
| 73 | 69 | 13 | MARK BOUSIE | 206 | MV45 | Male | STOCKPORT HARRIERS & AC | 00:37:23 | 00:37:19 |
| 74 | 5 | 2 | ELEANOR CONNELLY | 283 | FV40 | Female | MARPLE RUNNERS | 00:37:35 | 00:37:28 |
| 75 | 6 | 1 | ANNETTE BOWDEN | 19 | FV55 | Female | MARPLE RUNNERS | 00:37:40 | 00:37:31 |
| 76 | 70 | 20 | JACK BOARDMAN | 102 | MSEN | Male | | 00:37:59 | 00:37:44 |
| 77 | 71 | 1 | DAVID CLARKE | 86 | MV65 | Male | HYDE VILLAGE STRIDERS | 00:38:02 | 00:37:56 |
| 78 | 72 | 14 | RICHARD OUSEY | 79 | MV50 | Male | SALE HARRIERS MANCHESTER | 00:38:08 | 00:37:59 |
| 79 | 73 | 15 | JOE FENTON | 168 | MV40 | Male | MARPLE RUNNERS | 00:38:29 | 00:38:10 |
| 80 | 74 | 15 | PAUL STANBURY | 158 | MV50 | Male | DRAGONS RUNNING CLUB (SALE) | 00:38:42 | 00:38:31 |
| 81 | 7 | 2 | KAREN FLEMING | 282 | FV50 | Female | EAST CHESHIRE HARRIERS & TAMESIDE AC | 00:38:55 | 00:38:48 |
| 82 | 8 | 1 | GLENNIS RICHARDSON | 284 | FV65 | Female | STOCKPORT HARRIERS & AC | 00:39:15 | 00:39:04 |
| 83 | 75 | 3 | MICHAEL MALLETT | 192 | MU20 | Male | | 00:39:21 | 00:39:04 |
| 84 | 76 | 2 | PHIL WILCOXON | 94 | MV65 | Male | BELLE VUE RACERS | 00:39:24 | 00:39:20 |
| 85 | 77 | 16 | CHRIS BARBER | 268 | MV50 | Male | | 00:39:25 | 00:39:17 |
| 86 | 78 | 3 | DAVID CHRYSTIE-LOWE | 171 | MV65 | Male | GLOSSOPDALE HARRIERS | 00:39:26 | 00:39:16 |
| 87 | 79 | 21 | ANDY MALBON | 216 | MSEN | Male | | 00:39:38 | 00:39:21 |
| 88 | 80 | 4 | PAUL SMITH | 30 | MV60 | Male | MARPLE RUNNERS | 00:39:47 | 00:39:39 |
| 89 | 9 | 3 | STEPHANIE MALLETT | 95 | FV40 | Female | HYDE VILLAGE STRIDERS | 00:39:54 | 00:39:47 |
| 90 | 10 | 1 | BEVERLEY JACKSON | 32 | FV60 | Female | ALTRINCHAM & DISTRICT ATHLETIC CLUB LIMITED | 00:39:56 | 00:39:40 |
| 91 | 81 | 17 | NICHOLAS GUDGEAST | 85 | MV50 | Male | MARPLE RUNNERS | 00:39:59 | 00:39:50 |
| 92 | 82 | 22 | JACK WAYWELL | 266 | MSEN | Male | DRAGONS RUNNING CLUB (SALE) | 00:40:00 | 00:39:37 |
| 93 | 83 | 23 | CHRIS HESKETH | 68 | MSEN | Male | BELLE VUE RACERS | 00:40:01 | 00:39:57 |
| 94 | 84 | 18 | STEVEN DAVIES | 29 | MV50 | Male | GLOSSOPDALE HARRIERS | 00:40:04 | 00:39:29 |
| 95 | 85 | 16 | STEVEN WARD | 264 | MV40 | Male | DRAGONS RUNNING CLUB (SALE) | 00:40:15 | 00:40:00 |
| 96 | 11 | 2 | JANET SHEPHERD | 33 | FV55 | Female | BELLE VUE RACERS | 00:40:15 | 00:40:07 |
| 97 | 86 | 17 | JAMES NUTTALL | 191 | MV40 | Male | MARPLE RUNNERS | 00:40:30 | 00:40:03 |
| 98 | 87 | 19 | ANDREW IAN HAUGHTON | 286 | MV50 | Male | | 00:40:33 | 00:40:20 |
| 99 | 88 | 24 | DAVE NEWBURY | 165 | MSEN | Male | | 00:40:36 | 00:39:57 |
| 100 | 89 | 25 | PETE TOMLIN | 119 | MSEN | Male | START2JOG | 00:40:37 | 00:40:17 |
| 101 | 90 | 20 | KEVIN CONNAGHAN | 227 | MV50 | Male | | 00:40:37 | 00:40:24 |
| 102 | 12 | 1 | CLAIRE GWYER | 91 | FV45 | Female | DRAGONS RUNNING CLUB (SALE) | 00:40:38 | 00:39:59 |
| 103 | 91 | 6 | MARK FLETCHER-ROBSON | 41 | MV55 | Male | STOCKPORT HARRIERS & AC | 00:40:42 | 00:40:22 |
| 104 | 92 | 14 | SCOTT GREENE | 173 | MV45 | Male | HYDE VILLAGE STRIDERS | 00:40:46 | 00:40:13 |
| 105 | 93 | 15 | STEPHEN LAHAN | 40 | MV45 | Male | | 00:40:51 | 00:40:39 |
| 106 | 94 | 7 | STEPHEN ATKINSON | 34 | MV55 | Male | | 00:41:15 | 00:41:04 |
| 107 | 95 | 4 | PATRICK O'BRIEN | 16 | MV65 | Male | BELLE VUE RACERS | 00:41:23 | 00:41:11 |
| 108 | 96 | 21 | PAUL MASKELL | 202 | MV50 | Male | | 00:41:24 | 00:40:43 |
| 109 | 97 | 8 | ANDREW BUTHFER | 56 | MV55 | Male | BELLE VUE RACERS | 00:41:31 | 00:41:20 |
| 110 | 13 | 2 | HELENA TINKER | 89 | FV45 | Female | MARPLE RUNNERS | 00:41:38 | 00:41:32 |
| 111 | 98 | 4 | OLIVER THOMPSON | 177 | MU20 | Male | | 00:41:39 | 00:41:32 |
| 112 | 14 | 2 | ELIE MCONIE-LOWNSBROUGH | 195 | FU20 | Female | ALPINE RUN PROJECT | 00:41:41 | 00:41:14 |
| 113 | 99 | 16 | MICHAEL CONNELLY | 290 | MV45 | Male | MARPLE RUNNERS | 00:41:44 | 00:41:36 |
| 114 | 15 | 2 | LUCY GREEN | 101 | FV35 | Female | | 00:41:51 | 00:41:36 |
| 115 | 100 | 5 | KEVIN DAY | 55 | MV60 | Male | MARPLE RUNNERS | 00:41:52 | 00:41:28 |
| 116 | 101 | 6 | STEPHEN SHARROCKS | 71 | MV60 | Male | STOCKPORT HARRIERS & AC | 00:42:03 | 00:41:47 |
| 117 | 16 | 4 | AMY ROGERS | 39 | FV40 | Female | MARPLE RUNNERS | 00:42:10 | 00:42:00 |
| 118 | 102 | 9 | FAROUK VAWDA | 62 | MV55 | Male | BELLE VUE RACERS | 00:42:17 | 00:42:04 |
| 119 | 103 | 10 | SCOTT DAMERUM | 274 | MV55 | Male | DRAGONS RUNNING CLUB (SALE) | 00:42:19 | 00:41:54 |
| 120 | 104 | 26 | SAM BATES | 225 | MSEN | Male | | 00:42:29 | 00:42:13 |
| 121 | 105 | 11 | DARREN PEATFIELD | 164 | MV55 | Male | MARPLE RUNNERS | 00:42:37 | 00:42:23 |
| 122 | 17 | 1 | NIAMH BOYLE | 109 | FSEN | Female | ALPINE RUN PROJECT | 00:42:44 | 00:42:18 |
| 123 | 18 | 2 | MARY WARNER | 205 | FSEN | Female | MARPLE RUNNERS | 00:42:58 | 00:42:49 |
| 124 | 106 | 27 | CALLUM DUNN | 208 | MSEN | Male | | 00:42:59 | 00:42:22 |
| 125 | 19 | 5 | JENNIFER LUTTON | 61 | FV40 | Female | DRAGONS RUNNING CLUB (SALE) | 00:43:05 | 00:42:45 |
| 126 | 20 | 3 | REBECCA RUSSON | 35 | FV35 | Female | | 00:43:17 | 00:42:59 |
| 127 | 21 | 3 | HOLLY WADDELL | 230 | FSEN | Female | DRAGONS RUNNING CLUB (SALE) | 00:43:19 | 00:42:54 |
| 128 | 107 | 18 | CHRIS SMITH | 97 | MV40 | Male | MARPLE RUNNERS | 00:43:21 | 00:43:02 |
| 129 | 22 | 6 | EMMA DUTTON | 219 | FV40 | Female | STOCKPORT HARRIERS & AC | 00:43:22 | 00:43:06 |
| 130 | 108 | 7 | SIMON RUSHTON | 280 | MV60 | Male | MARPLE RUNNERS | 00:43:30 | 00:43:07 |

| OverallPos | GenderPos | CategPos | Name | RaceNo | Category | Gender | Club | Time | Net Time |
|------------|-----------|----------|---------------------|--------|----------|--------|-----------------------------|----------|----------|
| 131 | 23 | 3 | WENDY RIMMER | 50 | FV45 | Female | MARPLE RUNNERS | 00:43:35 | 00:43:05 |
| 132 | 24 | 3 | KAREN CHARTERS | 285 | FV50 | Female | | 00:43:39 | 00:43:28 |
| 133 | 109 | 22 | STEVE DANIELS | 52 | MV50 | Male | TWISTED RUNNING | 00:43:45 | 00:43:33 |
| 134 | 25 | 4 | HOLLIE FRANCIS | 100 | FV45 | Female | DRAGONS RUNNING CLUB (SALE) | 00:44:06 | 00:43:29 |
| 135 | 26 | 4 | AMELIA BROWN | 181 | FSEN | Female | GLOSSOPDALE HARRIERS | 00:44:13 | 00:43:56 |
| 136 | 27 | 5 | REBECCA BRIMAGE | 269 | FV45 | Female | STOCKPORT HARRIERS & AC | 00:44:15 | 00:43:58 |
| 137 | 110 | 28 | GEORGE WRIGHT | 36 | MSEN | Male | | 00:44:18 | 00:44:00 |
| 138 | 111 | 29 | JAMES KENDRICK | 273 | MSEN | Male | GLOSSOPDALE HARRIERS | 00:44:28 | 00:44:17 |
| 139 | 112 | 23 | MARTYN CASSIDY | 275 | MV50 | Male | DRAGONS RUNNING CLUB (SALE) | 00:44:39 | 00:44:03 |
| 140 | 28 | 2 | ANNA ASHTON | 289 | FV65 | Female | MARPLE RUNNERS | 00:44:44 | 00:44:18 |
| 141 | 113 | 24 | GAVIN NIXON | 31 | MV50 | Male | MARPLE RUNNERS | 00:44:54 | 00:44:40 |
| 142 | 29 | 2 | CAROLYN WAYWELL | 265 | FV60 | Female | DRAGONS RUNNING CLUB (SALE) | 00:45:12 | 00:44:49 |
| 143 | 114 | 30 | DANIEL MALLENDER | 251 | MSEN | Male | | 00:45:26 | 00:45:00 |
| 144 | 115 | 8 | PETER O'BRIEN | 260 | MV60 | Male | | 00:45:26 | 00:45:08 |
| 145 | 116 | 9 | ROBERT TODD | 84 | MV60 | Male | DRAGONS RUNNING CLUB (SALE) | 00:45:28 | 00:45:06 |
| 146 | 117 | 10 | PHILLIP WHITE | 54 | MV60 | Male | | 00:45:35 | 00:45:17 |
| 147 | 118 | 12 | DENNIS YARWOOD | 276 | MV55 | Male | SPECTRUM STRIDERS | 00:45:48 | 00:45:22 |
| 148 | 119 | 19 | RICHARD CARNEY | 25 | MV40 | Male | | 00:45:48 | 00:45:28 |
| 149 | 120 | 25 | MICHAEL RAYNOR | 228 | MV50 | Male | | 00:46:07 | 00:45:23 |
| 150 | 121 | 20 | BRIAN BICKLEY | 179 | MV40 | Male | HYDE RUNNING COMMUNITY | 00:46:09 | 00:45:54 |
| 151 | 122 | 31 | ADAM KNOWLES | 174 | MSEN | Male | | 00:46:16 | 00:45:42 |
| 152 | 30 | 6 | KELLY MALLON | 223 | FV45 | Female | | 00:46:22 | 00:46:06 |
| 153 | 123 | 21 | RICK JONES | 75 | MV40 | Male | | 00:46:35 | 00:46:23 |
| 154 | 31 | 3 | KATHARINE LAY | 15 | FV55 | Female | | 00:46:38 | 00:45:59 |
| 155 | 124 | 11 | GARY OGDEN | 167 | MV60 | Male | | 00:46:45 | 00:46:13 |
| 156 | 32 | 7 | ANN RICHARDSON | 270 | FV40 | Female | MARPLE RUNNERS | 00:46:48 | 00:46:20 |
| 157 | 33 | 7 | JANE DAMERUM | 108 | FV45 | Female | DRAGONS RUNNING CLUB (SALE) | 00:46:51 | 00:46:26 |
| 158 | 125 | 13 | GARETH HAMMOND | 49 | MV55 | Male | MARPLE RUNNERS | 00:46:54 | 00:46:22 |
| 159 | 34 | 3 | JACQUELINE CHRYSTIE | 293 | FV60 | Female | | 00:46:58 | 00:46:42 |
| 160 | 35 | 5 | EVE RICHARDS | 212 | FSEN | Female | | 00:46:59 | 00:46:21 |
| 161 | 36 | 4 | KAREN LAW | 74 | FV60 | Female | | 00:47:02 | 00:46:43 |
| 162 | 126 | 17 | STEVEN WATMOUGH | 51 | MV45 | Male | | 00:47:03 | 00:46:30 |
| 163 | 127 | 26 | NADHIM BAYATTI | 299 | MV50 | Male | BRAMHALL RUNNERS | 00:47:14 | 00:46:52 |
| 164 | 128 | 14 | STEPHEN MINSHULL | 272 | MV55 | Male | START2JOG | 00:47:16 | 00:46:43 |
| 165 | 37 | 6 | HARRIOTT CORBETT | 4 | FSEN | Female | | 00:47:18 | 00:47:01 |
| 166 | 38 | 4 | JULIA FOY | 291 | FV55 | Female | BELLE VUE RACERS | 00:47:52 | 00:47:38 |
| 167 | 39 | 4 | RACHEL GEORGE | 185 | FV35 | Female | | 00:47:52 | 00:47:32 |
| 168 | 129 | 15 | MARK DALEY | 116 | MV55 | Male | | 00:48:04 | 00:47:33 |
| 169 | 40 | 4 | CAROLINE DALEY | 115 | FV50 | Female | | 00:48:04 | 00:47:33 |
| 170 | 41 | 8 | CLAIRE DARLING | 24 | FV40 | Female | | 00:48:14 | 00:47:56 |
| 171 | 42 | 5 | JOANNE WHITE | 53 | FV55 | Female | | 00:48:15 | 00:47:56 |
| 172 | 43 | 5 | EGL E BATES | 113 | FV35 | Female | START2JOG | 00:48:22 | 00:47:56 |
| 173 | 44 | 8 | TAYLOR GIACOMA | 22 | FV45 | Female | MARPLE RUNNERS | 00:48:22 | 00:47:54 |
| 174 | 45 | 5 | GAIL MCARDLE | 44 | FV50 | Female | | 00:48:23 | 00:47:55 |
| 175 | 130 | 32 | RICHARD WILSHAW | 231 | MSEN | Male | | 00:48:38 | 00:48:16 |
| 176 | 46 | 9 | KATHRYN COOPER | 186 | FV40 | Female | MARPLE RUNNERS | 00:48:39 | 00:48:16 |
| 177 | 131 | 22 | NICHOLAS COOPER | 187 | MV40 | Male | | 00:48:40 | 00:48:17 |
| 178 | 47 | 6 | SAMANTHA GREEN | 59 | FV35 | Female | LONELY GOAT RC | 00:48:45 | 00:48:27 |
| 179 | 132 | 23 | DAVID MEEHAN | 114 | MV40 | Male | | 00:48:47 | 00:48:03 |
| 180 | 48 | 6 | KAREN MOLLOY | 28 | FV55 | Female | MARPLE RUNNERS | 00:48:50 | 00:48:21 |
| 181 | 49 | 7 | ROSEANN WORTHINGTON | 226 | FV55 | Female | | 00:48:54 | 00:48:33 |
| 182 | 50 | 10 | RUTH PERKINS | 277 | FV40 | Female | MILE SHY CLUB | 00:48:56 | 00:48:29 |
| 183 | 133 | 1 | FRANCIS DAY | 23 | MV70 | Male | | 00:48:59 | 00:48:52 |
| 184 | 51 | 11 | HANNAH SMITH | 196 | FV40 | Female | MARPLE RUNNERS | 00:49:00 | 00:48:29 |
| 185 | 52 | 6 | HELEN ADAMS | 300 | FV50 | Female | | 00:49:09 | 00:48:51 |
| 186 | 53 | 7 | LUCY SOWERBY | 110 | FSEN | Female | ALPINE RUN PROJECT | 00:49:17 | 00:48:51 |
| 187 | 54 | 8 | ANDREA WAITHMAN | 281 | FV55 | Female | | 00:49:27 | 00:49:19 |
| 188 | 134 | 1 | ANTHONY HILLIER | 58 | MV75 | Male | GLOSSOPDALE HARRIERS | 00:49:34 | 00:49:27 |
| 189 | 135 | 33 | LIAM AMOS | 207 | MSEN | Male | | 00:49:35 | 00:48:58 |
| 190 | 55 | 3 | SARAH BICKLEY | 180 | FU20 | Female | | 00:49:45 | 00:49:29 |
| 191 | 56 | 12 | HANNAH TOMLINSON | 166 | FV40 | Female | MARPLE RUNNERS | 00:49:57 | 00:49:26 |
| 192 | 136 | 16 | MARK WARNER | 204 | MV55 | Male | MARPLE RUNNERS | 00:50:00 | 00:49:45 |
| 193 | 57 | 1 | SUE EXON | 57 | FV70 | Female | TRAFFORD ATHLETIC CLUB | 00:50:24 | 00:50:10 |
| 194 | 58 | 13 | MICHELLE THORNE | 104 | FV40 | Female | | 00:50:27 | 00:50:03 |
| 195 | 59 | 9 | CAROLINE HAMLIN | 103 | FV45 | Female | CHORLTON RUNNERS | 00:50:34 | 00:50:09 |



| OverallPos | GenderPos | CategPos | Name | RaceNo | Category | Gender | Club | Time | Net Time |
|------------|-----------|----------|---------------------|--------|----------|--------|-----------------------------|----------|----------|
| 196 | 60 | 9 | REBECCA BRIDGES | 201 | FV55 | Female | GLOSSOPDALE HARRIERS | 00:50:38 | 00:50:21 |
| 197 | 61 | 7 | SARAH BOWMAN | 197 | FV50 | Female | HYDE VILLAGE STRIDERS | 00:51:01 | 00:50:25 |
| 198 | 137 | 27 | ROB PARKIN | 254 | MV50 | Male | | 00:51:05 | 00:50:29 |
| 199 | 138 | 17 | STEPHEN HODGES | 189 | MV55 | Male | DRAGONS RUNNING CLUB (SALE) | 00:51:07 | 00:50:27 |
| 200 | 139 | 18 | MARK NEEDHAM | 111 | MV55 | Male | BELLE VUE RACERS | 00:51:07 | 00:50:41 |
| 201 | 62 | 8 | RACHAEL NEEDHAM | 112 | FV50 | Female | BELLE VUE RACERS | 00:51:08 | 00:50:40 |
| 202 | 63 | 9 | AMANDA COLLINGE | 2 | FV50 | Female | MARPLE RUNNERS | 00:51:11 | 00:50:41 |
| 203 | 140 | 12 | JOHN NORRIS | 3 | MV60 | Male | MARPLE RUNNERS | 00:51:11 | 00:50:42 |
| 204 | 64 | 14 | CAROL EMBLETON | 156 | FV40 | Female | | 00:51:23 | 00:50:44 |
| 205 | 141 | 24 | JOHN BROWN | 209 | MV40 | Male | | 00:51:42 | 00:51:05 |
| 206 | 65 | 5 | ROSY HICKMAN | 176 | FV60 | Female | SPORTS FEET | 00:51:53 | 00:51:19 |
| 207 | 66 | 6 | MARIA RUSHTON | 287 | FV60 | Female | MARPLE RUNNERS | 00:51:55 | 00:51:22 |
| 208 | 142 | 18 | ARTHUR EMBLETON | 155 | MV45 | Male | START2JOG | 00:52:04 | 00:51:24 |
| 209 | 67 | 3 | LYNN WATSON | 161 | FV65 | Female | SCARBOROUGH | 00:52:41 | 00:52:12 |
| 210 | 68 | 10 | GINA EADES-RICHARDS | 213 | FV50 | Female | | 00:52:45 | 00:52:07 |
| 211 | 69 | 8 | SOPHIE MOONEY | 105 | FSEN | Female | | 00:52:49 | 00:52:12 |
| 212 | 70 | 11 | CATH BROOMFIELD | 93 | FV50 | Female | MARPLE RUNNERS | 00:53:18 | 00:52:46 |
| 213 | 71 | 9 | BETH DAVID | 153 | FSEN | Female | | 00:53:56 | 00:53:14 |
| 214 | 72 | 7 | AMANDA BISHOP | 88 | FV35 | Female | BRAMHALL RUNNERS | 00:53:57 | 00:53:37 |
| 215 | 143 | 34 | RYAN HAYWOOD | 152 | MSEN | Male | | 00:53:57 | 00:53:14 |
| 216 | 144 | 19 | ROB GRIFFIN | 90 | MV55 | Male | CHORLTON RUNNERS | 00:54:01 | 00:53:33 |
| 217 | 145 | 19 | RUSSELL CHESNEY | 256 | MV45 | Male | | 00:54:07 | 00:53:33 |
| 218 | 146 | 13 | DAVE TROWSE | 13 | MV60 | Male | | 00:54:12 | 00:53:40 |
| 219 | 73 | 10 | JENNY DOCKNEY | 92 | FV45 | Female | MARPLE RUNNERS | 00:54:17 | 00:53:45 |
| 220 | 74 | 7 | DENISE GREGORY | 118 | FV60 | Female | BRAMHALL RUNNERS | 00:54:22 | 00:54:08 |
| 221 | 75 | 2 | MORAG MORGAN | 64 | FV70 | Female | BRAMHALL RUNNERS | 00:54:23 | 00:53:58 |
| 222 | 147 | 14 | ROLAND HARDING | 117 | MV60 | Male | BRAMHALL RUNNERS | 00:54:25 | 00:54:12 |
| 223 | 76 | 11 | HELEN STONEHOUSE | 188 | FV45 | Female | MARPLE RUNNERS | 00:54:39 | 00:54:06 |
| 224 | 77 | 8 | SINEAD MCALINDEN | 106 | FV35 | Female | START2JOG | 00:54:53 | 00:54:16 |
| 225 | 78 | 12 | LOUISE SHAW | 297 | FV45 | Female | | 00:55:04 | 00:54:29 |
| 226 | 148 | 35 | JAMES HANCOCK | 154 | MSEN | Male | | 00:55:06 | 00:54:22 |
| 227 | 79 | 10 | RUBY HANCOCK | 162 | FSEN | Female | | 00:55:06 | 00:54:23 |
| 228 | 80 | 15 | SN SMITH | 221 | FV40 | Female | | 00:55:24 | 00:55:02 |
| 229 | 149 | 36 | HARRY GODDARD | 42 | MSEN | Male | | 00:55:41 | 00:54:55 |
| 230 | 81 | 9 | SIOBHAN EVANS | 217 | FV35 | Female | START2JOG | 00:55:45 | 00:55:04 |
| 231 | 82 | 10 | STACEY HOLMES | 107 | FV35 | Female | HYDE VILLAGE STRIDERS | 00:55:50 | 00:55:13 |
| 232 | 83 | 13 | JOANNE BARROW | 210 | FV45 | Female | | 00:56:05 | 00:55:20 |
| 233 | 150 | 20 | SIMON BARROW | 211 | MV55 | Male | | 00:56:14 | 00:55:28 |
| 234 | 84 | 16 | BETH POWELL | 203 | FV40 | Female | STOCKPORT HARRIERS & AC | 00:57:46 | 00:57:27 |
| 235 | 85 | 14 | SARAH GWINNETT | 257 | FV45 | Female | | 00:58:01 | 00:57:26 |
| 236 | 151 | 5 | STEVE MCWILLIAMS | 271 | MV65 | Male | | 00:58:07 | 00:57:32 |
| 237 | 86 | 15 | TAM SANGER | 215 | FV45 | Female | VEGAN RUNNERS UK | 00:58:21 | 00:57:42 |
| 238 | 152 | 15 | MARK BENSON | 65 | MV60 | Male | | 00:59:11 | 00:58:48 |
| 239 | 87 | 17 | LISA WORMLEIGHTON | 17 | FV40 | Female | SALE HARRIERS MANCHESTER | 00:59:17 | 00:58:56 |
| 240 | 88 | 10 | MICHELLE BARROW | 296 | FV55 | Female | | 01:00:20 | 00:59:34 |
| 241 | 89 | 18 | ELLEN CLIFF | 190 | FV40 | Female | | 01:00:37 | 01:00:00 |
| 242 | 90 | 11 | KARLA HANCOCK | 258 | FV35 | Female | | 01:00:37 | 01:00:01 |